



DK197

Pacific Garter Rib with a Twist Hat



Designed by Betty Balcomb

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This little hat knits up in a jiffy. Cascade's Pacific yarn makes it soft and warm. The garter rib plus twisted stitches pattern creates a fabric that hugs the head. The little ball on top is optional.

Materials: 1 skein of Pacific Yarn color #49. Size 7 and 8 needles, 16 inch circular for both and double points for 8s only **OR SIZE REQUIRED TO OBTAIN GAUGE.** Marker.

Gauge: 9 sts to 2 inches in pattern.

Size: This hat should fit almost all woman. To make it in a man's size increase 8 sts. (Pattern is a multiple of 8) and work an extra 1/2 inch before shaping crown. To make it for a child, decrease 8 sts and work 1/2 to 1 inch less before shaping crown. Feel free to adjust depth of ribbing on any of the sizes, the important measurement is depth when crown shaping begins.

Glossary:

TR = insert right needle in usual knit direction into 2nd st, knit that st but do not slide off needle, K 1st st and slide both sts off needle.

TL = insert right needle into back of 2nd st, knit that st but do not slide off needle, K 1st st and slide both sts off needle.

KFB = Knit into the front and back of stitch to increase one stitch.

DIRECTIONS:

With smaller circular needle cast on 88 sts. Place marker and join in the round being careful not to twist sts. Work K2, P2 ribbing for about 1-1/2 inches. Change to larger circular needle. Begin pattern:

The pattern: Multiple of 8 sts, 4 rows

Row 1: Knit.

Rows 2 and 4: *K4, P4, repeat from * to end of row.

Row 3: *TR, TL, K4, repeat from * to end of row.

Repeat rows 1 to 4 until hat measures about 6 inches from CO edge ending with a row 1 or 3.

Shape crown:

The shaping of the crown is a little more complicated than most hats but if you watch what is happening with the pattern, it should be fairly intuitive. The decreases are worked only on every other row on even rows. On row 3, observe the distribution of sts carefully to be sure you are maintaining the pattern. By decreasing this way, the look of the pattern is maintained almost to the very end. The hat domes very smoothly and looks terrific from a bird's eye view.

Row 1: P1, P2tog, P1 in every set of 4 P sts.

Row 2: Work next pattern row.

Row 3: P1, P2tog in every set of 3 P sts.

Row 4: Work next pattern row.

Switch to DPNs now or after one more decrease row.

Row 5: P2tog in every 2 P st pair.

Row 6: Work next pattern row.

Row 7: K to each remaining P st and work a K2tog with the P st and the K st to its left.

Row 8: Work next pattern row. (44 sts remain.)

If you can work one more set of twisted sts, go ahead and do so, if not decrease rest of crown in all knit as most hats:

Row 9: *K2, K2tog, repeat from * to end of row. (33 sts)

Row 10: Work 1 row even. (no decreasing)

Row 11: * K1, K2tog, repeat from * to end of row. (22 sts)

Row 12. Work 1 row even.

Row 13: *K2tog, repeat from * to end. (11 sts) (do not work another even row)

Row 14: *K2tog, repeat from * to last st, K1. (6 sts)

Make Ball: Wrap yarn 2 or 3 times around the 5 sts and pull fairly tight. Now K the 5 sts. Next row KFB in each st around. K 1 row, P 1 row, K1 row on the 10 sts. Stuff ball with about a yard of the yarn scootched up into a glob (NOTE: “scootch” and “glob” are very important terms of art in knitting). Now K2tog 5X Cut yarn leaving about a 9” tail. Thread yarn onto tapestry needle, pass it through the remaining sts and pull tight. Weave in ends. If you omit the ball go right to where the directions say, “Cut yarn leaving about a 9” tail “