



DK143

## FIXATION WRIST WARMER



DESIGNED BY SHANNON DUNBABIN

# Fixation Wrist Warmer

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## Materials:

1 ball of Cascade Yarns Fixation (98.3% cotton, 1.7% elastic – 100 yards) will make 2.

Size 5 dpns

Gauge: 5 ½ s=1”

## Abbreviations:

K2, P1 (Knit 2, Purl 1)

KFB (increase 1 stitch by knitting into the front and back of the next stitch)

K3, P1 (Knit 3, Purl 1)

Cast on 30 stitches. Divide the stitches so there are 10 on needle 1, 10 on needle 2 and 10 on needle 3. Join work in the round being careful not to twist.

\*K2, P1, repeat from \* (10 repeats per round). Continue for 6” or desire length from arm to wrist

Increase row: \*K2, KFB, repeat from \* (end with 40 stitches)

Continue: \*K3, P1, repeat from \* (10 repeats per round). Continue for 1 ½”

Knit the first 8 stitches with a piece of waste yarn; continue (K3, P1) for rest of round (8 times). (The 8 stitches will later be used for the thumb.)

\*K3, P1 (10 times) for 2” or until reach desired length of wrist warmer. Bind off.

**For thumb:** Remove waste yarn from 8 stitches. This will give you 16 stitches to put on your DPNs. Pick up 3 additional stitches on each side – total of 22 stitches. Knit in round for desired length of thumb (shown around ½”). Bind off.

Weave in ends.