



FW170

Cascade 220® Fingering

A New Day Fingerless Arm Warmers



Design by Linda Voss Plummer

Cascade 220® Fingering A New Day – Fingerless Arm Warmers

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Small/medium (large/extra large)

Size 2 needles (or size to obtain gauge), dpn, 2 circulars or 1 long for magic loop

Gauge: 28 sts/4 in.

5 assorted skeins Cascade 220® Fingering yarn. Shown in Color A (9566), Color B (7822), Color C (9421), Color D (8010), Color E (7803) or feel free to come up with your own color sequence

4 st markers

Since our arms are all shaped differently, if you need the upper part of the mitt to be larger, you can either increase again as explained below or knit that section with a needle one size larger.

If you wanted to make these extra long – over your elbow – you would make another increase at beg and end of each section just before it reaches your elbow.

kfslb: this is an increase. You will k the front leg of the st, slip the back leg. On the next row, each st will be knit. This increase avoids the little “purl bump” of a kfb.

sl 1, k 2 tog, pssso: this decreases 2 sts. Slip 1, knit 2 together, pass slipped st over the k 2 tog.

Pattern:

Row 1: k

Row 2: * kf,slb of first st, k 4(5), sl 1, k 2 tog, pssso, k4(5), kf,slb * Repeat around. (4 times total)

With Color A, cast on 52 (60)sts. Knit back and forth for 4 rows (garter st). On last row, place marker every 13 (15) sts (unless that falls at the end of a needle!) Join in round.

Note: always change color on a row 1.

Keeping Color A, work 5 repeats of pattern (10 rows total).

Change to Color B. Work 4 rows, again ending with row 1.

Change to Color C.

Right mitt: on 3rd row, work to last section of 13(15). K3(4), bind off 7, k3(4).

Left mitt: on 3rd row work 3(4), bind off 7 sts, work 3(4), continue around in pattern.

On next row, cast on 7 sts over thumb hole. Continue in pattern until 8 (10)rows have been worked altogether.

Work 6 rows Color D.

Work 2 rows Color A.

Change to Color E. Work 12(14) rows.

4 rows color D.

10 rows Color A.

6 rows Color C.

2 rows Color E.

2 rows Color A.

8 rows Color B.

Increase:

10 rows Color C, *but* on row 3, kfs1b in first and 13th(15th) sts in each section. You will now have 15(17) sts in each of the 4 sections. This will accommodate the wider part of your arm.

2 rows Color D.

6 rows Color E.

10(12) rows Color B.

2 rows Color C.

8(10) rows Color A. Do not break yarn. Work 4 rows garter st and bind off loosely.

Finishing: Sew the little seam at the beginning where you worked garter st back and forth.

Turn mitt inside out and weave in ends.

Gently wash and block and enjoy! It's a *New Day!*