



W285



Lana D'Oro  
Arctic Mittens



Designed by Diane Zangl

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Fair Isle motifs go vertical in this winter set. Mittens are worked as a traditional Northern manner, with thumb gussets and a shaped top. Small chcks decorate the palm; the hemmed cuff repeats the hat's silhouette. *Some store models have been knit without the hem at the bottom of the hat.*

SKILL LEVEL: Intermediate

SIZE

## Finished Measurements

**Mitts:** S/M (M/L)

Length: 9¼ (9¾)"

Circumference: 6½ (7¼)"

Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes. Model shown in size



**Medium**

MATERIALS

**Cascade's** Lana D'Oro (50% superfine alpaca, 50% wool) 50g/110 yds per hank: 2 hanks **each** #1064 Denim Heather and #1086 Gray Heather

Size 4 (3.5mm) 16" circular and double-pointed needles

Size 5 (3.75mm) 16" circular and double-pointed needles **or size needed to obtain gauge**

Stitch holders and markers

GAUGE

26 sts x 26 rnds = 4" in color pat with larger needles

To save time and ensure proper fit, take time to check gauge.

DESIGNER NOTES

When working color pattern, carry yarns loosely across back of work to avoid puckering.

STITCH GLOSSARY

**CDD (Centered Double Decrease):** Sl 2 sts tog knitwise to RH needle, knit next st, pass 2 sl sts over knit st. The center st will lie on top.

**Pm:** Place marker.

**M1L (Make 1 Left):** Make a clockwise loop and place on RH needle.

**M1R (Make 1 Right):** Make a counter-clockwise loop and place on RH needle.

### **Palm Pattern:**

**Rnd 1:** K1 blue, \*k1 gray, k1 blue; rep from \* as directed.

**Rnd 2:** K1 gray, \*k1 blue, k1 gray; rep from \* as directed.

Rep Rnds 1-2 for pat.

## RIGHT MITTEN

### Hem

With gray and dpn, cast on 40 sts. Divide onto 3 needles as follows: 21 sts on first needle for back of hand, 10 sts on needle #2 and 9 sts on needle #3 for palm. Join, placing marker between first and last st. Work even in St st for 14 rnds. Purl 1 rnd.

Change to larger needles and work even from Chart C through Rnd 13. Fold hem to inside of hat.

**Joining rnd:** Insert RH needle into next st, then into first cast-on st, k2tog with blue. Continue to work k2tog around, joining both layers.

Work Rnds 15-17 of Chart C, inc 4 sts on Rnd 17 of size M/L only – 40 (44) sts.

Sl last 3 sts of needle #1 onto needle #2 – 18 sts on needle #1, 13 (14) sts on needle #2, 9 (12) sts on needle #3.

### **Set up pattern**

**Rnd 1:** Referring to Chart B, work from C to D on first 21 sts, work Rnd 1 of Palm pat over next 19 (23) sts.

**Rnd 2:** Work 19 sts from chart, pm, k1 blue, pm, k1 gray, work Rnd 2 of Palm pat on remaining sts.

### **Beg thumb gusset**

**Inc rnd:** Work chart over 19 sts, sl marker, M1L, k1 blue, M1R, sl marker, work in established pat to end of rnd.

**Rnd 2:** Work even, keeping back of hand sts in chart pat, palm sts in Palm pat, and thumb sts between markers in alternating vertical stripes.

Continue to inc every other rnd after first marker and before second marker until there are 11 (13) sts between markers, ending with Rnd 2.

**Next rnd:** Work established pat over 19 sts, removing markers sl 11 (13) gusset sts between markers to hold-

er, cast on 1 blue st to RH needle, work to end of rnd.

Keeping palm sts in check pat and back sts in chart pat, work even until Rnd 34 has been completed.

### **Shape top**

**Rnd 35:** K1 gray, k1 blue, \*with gray ssk, work in pat to 2 sts before next vertical gray line, with gray k2tog, k1 blue; rep from \* once.

Continue to dec every rnd until 16 sts remain. Cut yarns, leaving an 18" length of gray.

Divide sts evenly onto 2 ndls. Weave top of mitten using Kitchener st.

### **Thumb**

Sl sts from holder onto 2 dpn. With third dpn and alternating colors to maintain vertical stripe pat established in gusset, pick up and knit 5 sts along remainder of opening – 16 (18) sts.

Work even in alternating stripe pat until thumb measures 2 (2½)" above picked-up sts. Cut blue.

### **Shape tip**

With gray, k2tog until 4 (5) sts remain. Cut yarn, leaving an 8" end.

Draw yarn through remaining sts twice.

## **LEFT MITTEN**

Work as for right mitten, reversing shaping by making thumb gusset between gray vertical lines to the right of back panel, and redistributing sts by slipping first 3 sts of needle #1 to needle #3 – 18 sts on needle #1; 9 (12) sts on needle #2; and 13 (14) sts on needle #3.

Work thumb as for right mitten.











