



DK261

Cascade 220 Sport
Nordic Set



Designed By Lisa Ellis

Cascade 220 Sport

Nordic Ski Hat, Scarf and Fingerless Gloves

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Samples shown in size (M) fingerless gloves, (M) hat, one size fits all scarf

Finished Measurements

Hat: (S) adolescent, 17" circumference to fit up to size 21" head x 7 ½" h
(M) adult, 18" circumference to fit up to size 22" head x 8" h
(L) adult, 19" circumference to fit up to 23" head x 8 ½" h

Scarf: 4 ¾" w x 64" l

Fingerless gloves: (S) women's 7 ¼" wrist circumference x 7 ½" l
(M) women's 8 ¼" wrist circumference x 7 ½" l

Yarn

Hat: (A) 1 skein (all sizes), Cascade 220 Sport #9448
(B) approx 20 yds, Cascade 220 Sport #4010
(C) approx 20 yds, Cascade 220 Sport #2452

Scarf: (A) 3 skeins, Cascade 220 Sport #9448
(B) approx 45 yds, Cascade 220 Sport #4010
(C) approx 45 yds, Cascade 220 Sport #2452

Fingerless gloves: (A) 1 skein (all sizes), Cascade 220 Sport #9448
(B) approx 20 yds, Cascade 220 Sport #4010
(C) approx 20 yds, Cascade 220 Sport #2452

Needles:

US size 6 (4.0mm) needles for Fair Isle chart
US size 5 (3.75mm) needles for body of scarf only
US size 4 (3.5mm) needles for ribbing and body of gloves and hat only

Needle notes: Scarf and fingerless gloves are knit in the round. Scarf and fingerless gloves may be knit using dpn's, 2 sets of circular needles or the magic loop method. Hat is also knit in the round and may be worked on a size 16-inch circular needle and dpn's for crown shaping.

Gauge

6 sts and 8 ½ rows = 1 inch on size 4 needles in St st (24 sts and 34 rows = 10cm)
To save time, take time to check gauge

Stitch Pattern:

Twisted Rib:

All Rnds: *(K1tbl, p1); rep* to end.

Hat:

Note: Cut B and C after each stripe.

With A and size 4 needles, co 102(108, 114) sts. Join in the rnd making sure not to twist sts. Work twisted rib for 5 rnds. Change to size 6 needles and knit 1 rnd. Work rnds 1 - 9 of Fair Isle chart 1 time. Change to size 4 needles and with A, knit 3 rnds. Attach B and knit 1 rnd. With A, knit 3 rnds. Attach C and knit 2 rnds. With A, knit until hat measures 6(6 ½, 7)" from co edge.

Crown shaping:

Work 1 more rnd, dec evenly 3(0, 6) sts to 99(108, 108) sts.

Rnd 1: *(K7, k2tog); rep* to end.

Rnd 2 and all even rnds to rnd 12: Knit.

Rnd 3: *(K6, k2tog); rep* to end.

Rnd 5: *(K5, k2tog); rep* to end.

Rnd 7: *(K4, k2tog); rep* to end.

Rnd 9: *(K3, k2tog); rep* to end.

Rnd 11: *(K2, k2tog); rep* to end.

Rnd 13: *(K1, k2tog); rep* to end.

Rnd 14 : *(K2tog); rep* to end, 11(12,12) sts rem.

Cut yarn, leaving an 8-inch tail. With a tapestry needle fasten off rem sts, pull tight to close, weave in end to secure.

Scarf:

Note: Cut B and C after each stripe.

With A and size 6 needles co 60 sts. Join in the rnd, making sure not to twist sts, knit 1 rnd. Work rnds 1 - 9 of Fair Isle chart 2 times. Cut B and C, change to size 5 needles and with A, knit 11 rnds. Attach B, knit 1 rnd. With A, knit 6 rnds. Attach C, knit 2 rnds. With A, knit 22 rnds. Attach C, knit 2 rnds. With A, knit 6 rnds. Attach B, knit 1 rnd.

(With A, knit 22 rnds. With B, knit 1 rnd. With A, knit 6 rnds. With C, knit 2 rnds. With A, knit 22 rnds. With C, knit 2 rnds. With A, knit 6 rnds. With B, knit 1 rnd. With A, knit 22 rnds. With B, knit 1 rnd. With A, knit 6 rnds. With C, knit 2 rnds. With A, knit 22 rnds. With C, knit 2 rnds. With A, knit 6 rnds. With B, knit 1 rnd); rep 2 more times.

With A, knit 11 rnds. Work rnds 1 - 9 of Fair Isle chart 2 times. Cut B and C. With A, knit 1 rnd. Finish scarf end with a 3-Needle Bind Off.

Fingerless gloves (make 2):

Note: Cut B and C after each stripe.

With A and size 4 needles, co 42(48) sts. Work twisted rib for 5 rnds. Change to size 6 needles and with A, knit 1 rnd. Work rnds 1 - 9 of Fair Isle chart 1 time. Change to size 4 needles and with A, knit 12 rnds, inc 1 st at end of last rnd to 43(49) sts.

Thumb gusset:

K21(24) sts, pm, m1L, k1, m1R (3 thumb sts), pm, knit to end. Knit 2 rnds.

Rnd 1: Knit to 1st m, sm, m1L, knit to next m, m1R, sm, knit to end (5 thumb sts).

Rnds 2 & 3: Knit.

Rep rnds 1 - 3 until there are 17(17) thumb sts.

Next rnd: Knit to 1st m, place thumb gusset sts onto waste yarn, removing markers, co2 over gap, knit to end--44(50) sts.

Knit until glove measures 7 (7)" from co edge.

Option: In lieu of working individual fingers, work 2 rnds of twisted rib and bo all sts loosely.

Little finger:

K5(6) sts onto a dpn, place next 34(38) sts onto waste yarn, co2 sts over gap, rejoin and knit rem 5 (6) sts, 12(14) sts.

Knit 1 rnd. Work 2 rnds of twisted rib, bo as instructed below.

Place 34(38) sts back onto needles, rejoin and pick up and knit 2 sts at base of little finger--36(40) sts.

Knit 4 rnds.

Ring finger:

K6(6) sts, place next 24(28) sts onto waste yarn, co2 over gap, knit last 6(6) sts--14(14) sts. Knit 1 rnd.

Work 2 rnds of twisted rib, bo as instructed below.

Middle finger:

Place first and last 6(7) sts from waste yarn back onto dpns. Pick up and knit 2 sts over gap--14(16) sts, rejoin and knit 1 rnd. Work 2 rnds of twisted rib, bo as instructed below.

Index finger:

Place rem 12(14) sts onto dpn's. Pick up and knit 2 sts over gap--14(16) sts, rejoin and knit 1 rnd. Work 2 rnds of twisted rib, bo as instructed below.

Thumb:

Place 17(17) thumb sts back onto dpn. Pick up and knit 1 st over gap--18(18)sts, rejoin and knit 1 rnd. Work 2 rnds of twisted rib, bo as instructed below.

Finishing:

Hat:

Weave in ends. Block.

Scarf:

Pull scarf inside out and weave in ends. Pull scarf back to right sides showing and with tapestry needle, seam scarf at co edge to close. Block scarf to size.

Fingerless gloves:

Weave in loose ends, using the ends to clean up around the base of each finger. Block.

Elastic Bind off instructions: (for fingerless gloves)

*(Slip next st-purlwise, wyif, slip st back to lhn, wyib, knit the wrapped st); rep with next st. bo st. Rep from * to end and binding off sts.

3-Needle Bind-Off: (for scarf end)

Place 30 sts onto one needle and 30 sts onto a second needle. With needles parallel, insert a third knitting needle into the first st on both needles and knit these together as one st. There will be one st on the right needle. Repeat with the next st off of each needle. Bind off the second st on the right needle so that there is only one st left on the right needle. Cont until there is only 1 st left on the right needle. Cut yarn and secure the last st by pulling the yarn tail through it.

						9
						8
						7
						6
						5
						4
						3
						2
						1
6	5	4	3	2	1	

	A-main color
	B-highlight color
	C-contrast color

Abbreviations:

- bo bind off (sts)
- co cast on (sts)
- ktbl knit st through back loop to create a twist
- m (st) marker
- m1L With left needle, pick up horizontal bar between 1st and 2nd st from the front of the bar back, prevents a hole and inc a st
- m1R With left needle, pick up horizontal bar between last 2 sts from the back of the bar and k through the front, prevents a hole and increase a st
- rem remaining
- rep repeat
- rnd round(s)
- sm slip marker
- wyib with yarn in back
- wyif with yarn in front