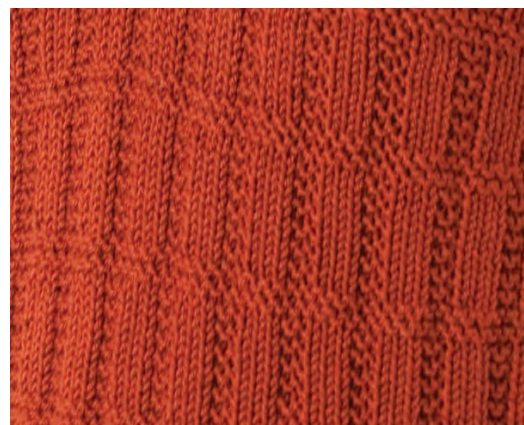


Greenland  
Man's V-Neck Vest



Designed by Betty Balcomb

# Man's Greenland V-Neck Vest

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First there was the Boy's Sierra V-Neck Vest, a very popular pattern for Cascade. Then I discovered Greenland yarn and the way it makes the most wonderful rib patterns. Because of the tight twist and weight of this yarn, it stands up in ribbed and garter stitch patterns in a way that gives amazing depth to the fabric. So I married these two favorites and created the Man's Greenland V-Neck Vest. When casual office attire needs to be just a little more, try this charming vest over an oxford cloth shirt. As I said about the related boy's version, "This simple no-sew garment knits up quickly and looks like it was crafted by an expert."

**Materials:** 6(7.8) skeins of Cascade Greenland Yarn, Pictured vest is color #3527. Size 8 and 9 24" or 29" circular needle and size 8 16" circular needles **OR NEEDLES REQUIRED TO OBTAIN GAUGE.** Stitch holders.

**Gauge:** 4 stitches to 1 inch in pattern st with larger needle

**Sizes:** Man's medium, large and extra-large. Picture is medium but with average lengths (see note about size below). Instructions are for smallest size with changes in parentheses. If only one instruction is given, it applies to all sizes.

### Measurements:

Chest: 40"(45", 50")

Length: 25-1/2"(27", 30")

Armhole depth: 9"(9-1/2", 10")

**A note about size:** Because the pattern requires increasing by 5", I have only worked up 3 sizes. If you need to get a chest measurement in between, try going down a needle size for a gauge of 17 sts/4". If the resulting gauge is all the way to 18/4", you will just get the next smaller size. Also feel free to mix and match the widths and the lengths. The widths are medium, large and extra-large; the lengths short, average, tall. The pictured vest is medium average. Also, be very careful when measuring lengths. Because of the weight of Greenland, gravity gives long measurements. Always lay garment on a flat surface to measure and pull fabric out to the sides a little. **Also store garment flat, do not hang.**

**Garter Rib pattern** (multiple of 5 sts worked in the round and 5 plus 3 when worked back and forth). Directions are for working in the round only. When working back and forth, follow the pattern as established, 4 rows of garter stitch alternating with 12 rows of ribbing. By the time you're there, it will be obvious.

Rows 1 all odd numbered rows: K

Rows 2 and 4: P

Row 6,8,10,12,14 ad 16: P1, \*K3, P2, repeat from \* to last st, P1.

Repeat Rows 1 through 16 for pattern.

## Directions:

**Lower Body:** With smaller needles, cast on 160(180, 200,) sts. Join in the round being careful not to twist. The join comes at the left underarm. Work K1, P1 ribbing for 2-1/2(2-1/2,3)". Change to larger needles and work even in Garter Rib pattern until piece measures 15(16,17) inches from cast on edge. Divide sts for front and back: place 1/2 of sts (beginning and ending with a single purl st at underarm) on a holder and continue to work on the remaining half.

**Back:** Being careful to maintain pattern (4 rows of garter st alternating with 12 rows of ribbing lining ribbing up as established), BO 6(6, 7)sts at beginning of next 2 rows. Dec. 1 st at each side on right side rows 8(10, 12) times. Work decreases 1 st in from edge. Work even until armhole measures 9(9-1/2, 10) inches. Place all sts on holder.

**Front:** Work all the same armhole decs as on the back **BUT AT THE SAME TIME**, divide for neck. Work to 2 st before center (the center pair of garter st ribs), place center 2 sts on pin or holder, join 2<sup>nd</sup> ball of yarn and complete row. Working 2 sides together, continue armhole decs to match back and **AT THE SAME TIME** dec 1 st at each side of V-neck, again working decs 1 st in from edge, every 4th row until 15(17, 19) sts remain on each side. Work even until front is same length as back.

Place the front and back together rights sides facing each other (i.e. turn the vest inside out) and join the shoulder sts from front and back using the 3-needle bind off method. Leave the center stitches at the back neck live for later picking up for neck border. Alternatively, the shoulder sts can be bound off the usual way and sewed together.

**Armhole borders:** Using smaller 16" needle, with right side facing, beginning at center of bottom of armhole, pick up and knit 1 st in each of the bound off sts and 1 st in 2 out of every 3 rows up one side and down the other ending with 1 st in each of the other set of bound off sts. The number of sts doesn't matter so long as it is a multiple of 2. Join in the round and work 1-1/4(1-1/4-1-1/2) inches of K1, P1 ribbing. Bind off reasonably loosely.

**Neck Border:** Using smaller needle, with right side facing, beginning at neck sts on holder, slip to center of sts, place marker, knit the rest of the sts from holder, pick up and knit 1 st in 2 out of every 3 rows down the right side of neck, place marker, knit the 2 center sts at bottom of V, then pick up and knit 1 st in 2 out of every 3 rows up the left side of neck and finally knit the back neck sts that were initially slipped. You are back at the marker. Again, the number of sts doesn't matter so long as it is an **odd** number **NOT** counting the 2 center sts, with just one more st on one side. Join in the round to work K1 P1 ribbing. First stop and count the number of sts from the marker to the center sts. If it is an even number start with K1 and if it is odd start with P1. Work 1-1/2 inches of ribbing, dec'g 1 st each side of the center sts on every other row. I alternated doing the decreases as SSK/K2tog and P2tog/P2tog being guided by the first st of the pair that is being combined, SSK/K2tog if that st is a K, and P2tog if it is a P. The V will look like a rib of 2 knit sts with ribbing leaning into it from each side. Bind off reasonably loosely.

**Finishing:** No sewing needed just weave in ends.