



A116

Cascade 220
Traditional Aran Pullover



Designed By Melissa Leapman

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Sizes

Small (Medium, Large, 1X, 2X). Instructions are for smallest size, with changes for other sizes noted in parentheses as necessary.

Finished Measurements

Bust: 35 (38 ½, 42, 45 ½, 48 ½)"

Total length (includes one-half of saddles): 23 (23 ½, 23 ½, 24, 24)"

Materials

- Cascade Yarn's 220, 7 (7, 8, 9, 10) hanks color #2423
- One pair of sizes 6 and 8 knitting needles or size needed to obtain gauge
- One cable needle
- Stitch markers

Gauge

In Double Seed St Patt with larger needles, 19 sts and 28 rows = 4".

With larger needles, Center Cable Panel measures 4 ½" wide.

To save time, take time to check gauge.

Rib Patt (*mult 2 sts*)

Row 1 (RS): *K1, P1. Repeat from * across.

Patt Row: As Row 1.

Repeat Patt Row for patt.

Double Seed St Patt (*mult 2 + 1 sts*)

See Chart.

Center Cable Panel (*over middle 34 sts*)

See Chart.

Back

With smaller needles, CO 96 (104, 112, 120, 128) sts.

Beg Rib Patt, and work even until piece measures approx 2 ½" from beg, ending after WS row.

Set Up Patts

Next Row (RS): Change to larger needles, and work Row 1 of Double Seed St Patt across first 31 (35, 39, 43, 47) sts, place marker, work Row 1 of Center Cable Panel across middle 34 sts, place marker, work Row 1 of Double Seed St Patt across to end row.

Cont even in patts as established until piece measures approx 13 ½" from beg, ending after WS row.

Shape Armholes

BO 12 (14, 18, 22, 24) sts at beg of next two rows—72 (76, 76, 76, 80) sts rem.

Cont even until piece measures approx 19 ¾ (20 ¼, 20 ¼, 20 ¾, 30 ¾)" from beg, ending after WS row.

Shape Shoulders

BO 4 (4, 4, 4, 5) sts at beg of next four rows, then BO 3 (4, 4, 4, 4) sts at beg of next four rows—44 sts rem.

BO.

Front

Same as back until piece measures approx 18 ¾ (19 ¼, 19 ¼, 19 ¾, 19 ¾)" from beg, ending after WS row.

Shape Neck

Work across first 20 (22, 22, 22, 24) sts; join second ball of yarn and BO middle 32 sts, work to end row.

Work both sides at once with separate balls of yarn and BO 3 sts each neck edge once, then dec 1 st each neck edge every row three times—14 (16, 16, 16, 18) sts rem each side.

Cont even, if necessary, until piece measures same as back to shoulders.

Shape Shoulders

Same as for back.

Sleeves

With smaller needles, CO 58 sts.

Beg Rib Patt, and work even until piece measures approx 2 ½" from beg, ending after WS row.

Set Up Patts

Next Row (RS): Change to larger needles, and work Row 1 of Double Seed St Patt across first 12 sts, place marker, work Row 1 of Center Cable Panel across middle 34 sts, place marker, work Row 1 of Double Seed St Patt across to end row.

Cont patts as established, and inc 1 st each side every fourth row 0 (2, 4, 13, 15) times, every sixth row 12 (18, 16, 9, 7) times, then every eighth row 6 (0, 0, 0, 0) times, working new sts into Double Seed St Patt as they accumulate—94 (98, 98, 102, 102) sts.

Cont even until sleeve measures approx 22 ½" from beg, ending after WS row.

Shape Saddle

BO 30 (32, 32, 34, 34) sts at beg of next two rows—34 sts rem.

Cont even in patt as established until saddle measures the same as shoulder.

BO in patt.

Finishing

Sew all shoulder seams except for right back shoulder seam.

Neckband

With RS facing and smaller needles, pick up and knit 101 sts evenly along neckline.

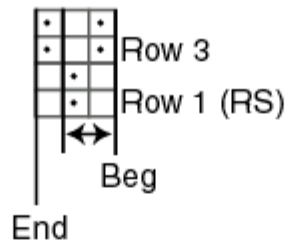
Work Rib Patt for 4". BO.

Sew remaining shoulder seam, including side of neckband.

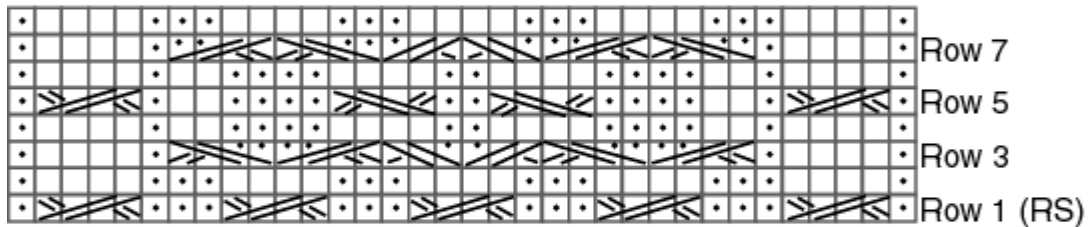
Set in sleeves.

Sew sleeve and side seams.

Double Seed Stitch Pattern
(mult 2 + 1 sts)



Center Cable Panel
(over middle 34 sts)



KEY □ = K on RS; P on WS

• = P on RS; K on WS

↘↘ = Slip 2 sts onto cn and hold in back; K2; K2 from cn

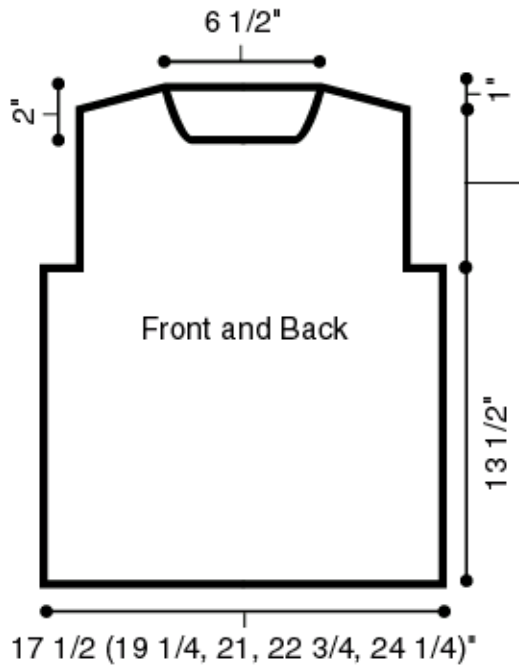
↘↘ = Slip 2 sts onto cn and hold in front; K2; K2 from cn

•↘↘ = Slip 2 sts onto cn and hold in back; K2; P2 from cn

↘↘•• = Slip 2 sts onto cn and hold in front; P2; K2 from cn

•↘ = Slip next st onto cn and hold in back; K2; P1 from cn

↘• = Slip 2 sts onto cn and hold in front; P1; K2 from cn



$6\frac{1}{4}"$ ($6\frac{3}{4}"$, $6\frac{3}{4}"$, $7\frac{1}{4}"$, $7\frac{1}{4}"$)

